



Soul Kindling

SPARK YOUR SACRED IMAGINATION WITH ALLY MARKOTICH

**CREATIVE
EXPERIENCES
WITH YOU
IN HEART**





Welcome Colorful Soul!
It delights me that you're HERE
to discover ways we can BE
in creative connection together.

I invite you to pour yourself a yummy beverage
and take some time to peruse
some of the ways I love working with YOU.

Don't see what you're looking for here,
but have a sizzling idea for us?

I love to collaborate and am
open to a conversation for
what you have in heart and mind.

Reach out to me at ally@soulkindling.com
to begin working together!



♡ Ally



SACRED OPENINGS: ONE-HOUR COLOR BOOST

Whether you are looking for a 1-on-1 idea-storming session, an art talk or sacred collaboration for a virtual event, there are myriad ways I can introduce you (and your community) to creative practice in one hour or less.

HERE ARE SOME WAYS I'M ABLE TO WORK WITH YOU IN ONE HOUR OR LESS

- 1-on-1 Creative Session to Bring Renewal to Your Story
- 1-on-1 Idea Storming Session to Infuse Creativity into a Meeting, Retreat or Worship Experience
- A Slideshow Presentation on the Benefits of Connecting with Oneself as Sacred, Creative & Loved
- A Conversation About My Art Practice as a Prayer
- Guide Your Community Through a 15 to 30-minute Creative Practice as Part of a Larger Virtual Event



Contact me at ally@soulkindling.com to begin a conversation



PLAYFUL EXPLORATION: ONE TO THREE-HOUR CREATE CIRCLE

Gather four or more people and let's soulfully create for 1 to 3 hours! This option is for you if you'd like to wade further into creative practice in a brief time frame with a few friends or a whole community and discover the wisdom that lies within.

**SHARE WITH ME A THEME YOU ARE FOCUSING ON
IN YOUR COMMUNITY AND I CAN TAILOR A VIRTUAL
CREATIVE EXPERIENCE TO COMPLIMENT YOUR TEACHING**

Or Choose from One of These Past Teachings:

- **Claim Your Piece/Peace:** Hone in on what is yours to BE & DO by exploring your personal narrative, natural talents and innate passion; claim peace as you rest in sacred YOU.
- **My Cup Overflows:** Honor the grief and celebrate the joy of your story as you paint a chalice of wholeness
- **Art of BE:** Welcome rest, renewal & solitude. Tune into what your soul needs during this time of creation.
- **Mother Lover's Healing Touch:** Bring healing to your story with the Divine Mother as you encounter her qualities of mercy, compassion and welcoming of YOU.

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CREATIVE DEEPENING: 4 TO 6 WEEK COURSE

Let's dive deep into your sacred story via line, color and word! This virtual option is for four or more people to experience the power of the visual to reveal it's surprise and magic over four or six gatherings. In-person option available for Moore County, NC.

HERE ARE SAMPLES OF COURSES I TEACH OVER SEVERAL WEEKS OF GATHERING

- **Thread: Weave Your Story with the Sacred Feminine** — Weave your story with the wisdom of ancient, sacred women (such as Magdalene). Create an altar card (for each woman) at weekly gatherings.
- **Give Us This Day** — Over four weeks, slow down and explore the sacredness of each day; learn to honor the tedium with love.
- **Personal Psalm 23 Book** — Create a colorful book based off of the lines of this well-known psalm; strengthen your bond with Divine Love.
- **Sanctuary of You Soul Book:** Discover yourself as the sanctuary. Honor your inner world & wisdom as sacred. Connect in relationship with the elements, environment and intuition.
- **She-Soul Story Cards:** Heal the feminine stories of identity, sisterhood, Sacred Mother & ancient Wisdom as you create a deck of nourishing story cards.
- **Life Womb:** Navigate the life-giving teaching of the rhythms of the Divine Mother and weave her cycles into your story.

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About Ally

Ally Markotich is an artist, poet and creator of Soul Kindling LLC, an online creative website where she offers creative gatherings for people to spark their sacred imagination, open prayerful possibility and nurture feminine intuition through color, drawing, and the magic of words. She is the author of *Soul Kindling: Ignite Your Sacred, Creative Heart* and lives in North Carolina with her husband, two sons and yellow lab.

Find Ally's inspired art, offerings & join the Prayer Squares Community at www.soulkindling.com

**Instagram: [@soulkindling](https://www.instagram.com/soulkindling)
Substack: [the illuminated she](https://theilluminatedshe.substack.com/)**



“In these complex and often heavy times, we can all benefit from some kindling for our souls. Ally delivers this spark generously through playful image and dancing words. Through practices of loosening, gazing, slowing, being, unfolding, she invites us to enter a space of holy birthing, where the new can come alive through us in beautiful ways.”

Christine Valters Paintner, PhD,
online abbess of AbbeyoftheArts.com



“Right from the start, you can feel the heart of a soulful woman speaking directly to you. Markotich speaks wisdom in gentle strokes so that you too can embody the creativity, soulful spirituality, and earth-centric relationship with life you may have forgotten you already have.”

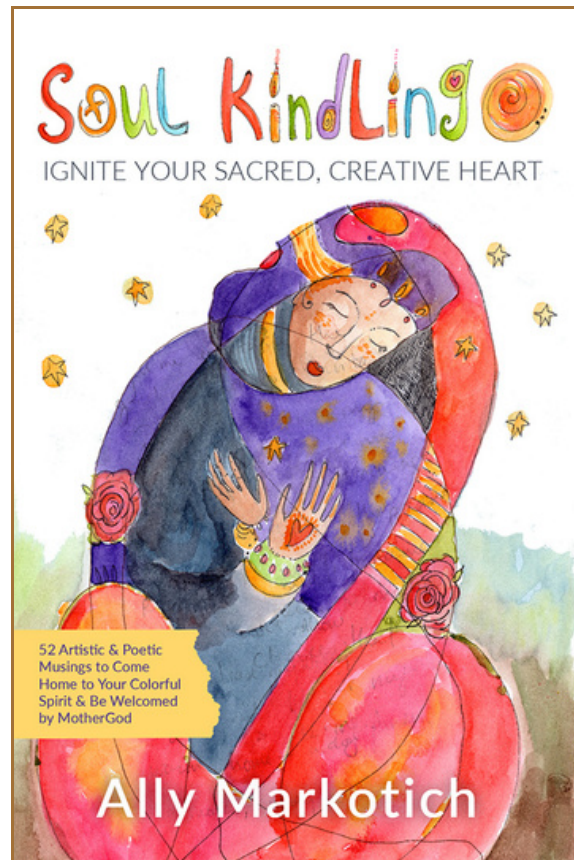
Victoria Loorz, author of *Church of the Wild: How Nature Invites Us into the Sacred* and founder/director of the Center for Wild Spirituality



“Through intense days, Ally’s images help us hold our grief. And in days of ease, their color and vibrancy amplify our joy. In image and word, Ally provides us a luscious feast and true soul kindling.”

Alexander John Shaia, author and teacher, www.quadratos.org

ABOUT THE BOOK



With playful and poetic depth, *Soul Kindling: Ignite Your Sacred, Creative Heart* invites you to embark on a journey of discovering your creative, sacred self. Drawing on her alluring artwork, poet and artist Ally Markotich beckons you-with wit and imagination-to rekindle your inner spark and open yourself to the love of the Divine Feminine.

Through story-poems and whimsical images that have emerged from her own healing journey, this compelling book encourages you to set out on a contemplative path of re(dis)covery, one that leads you through the ordinary burdens and blessings of your life as you come to indwell the depths of your heart.

Ally’s poems encourage you to imagine your life as a pilgrimage into the sacred womb, igniting your life in a dance of affirmation. In a world too long dominated by the divine masculine, Ally paints in ways that welcome MotherGod into your soul, reclaiming Her as the deepest source of your life.

Soul Kindling: Ignite Your Sacred, Creative Heart can be purchased at Amazon, Barnes & Noble & Bookshop.org